

Matthew A. Torrington, MD

Dr. Torrington Matthew Torrington is a Family Medicine physician with a specialty in Addiction Medicine and is a clinical research physician. Dr. Torrington completed a clinical research fellowship at UCLA's Integrated Substance Abuse Programs. UCLA's ISAP is one of the foremost substance abuse research groups in the U.S. and worldwide. Dr. Torrington is a board certified family medicine physician, is certified by the American Society of Addiction Medicine, is a certified medical review officer and is certified by the American Academy of Pain Management. He is licensed to practice in the state of California and is involved in residential and outpatient treatment of substance abuse disorders as well as clinical research. Dr. Torrington is a member of the CSAM committee on opiate dependence and the Friends Research Institute Institutional Review Board. Dr. Torrington has a clinical focus on the treatment of stimulant dependence, opiate dependence and pain.

Dr. Torrington's inpatient work has included participation in safety and efficacy trials for new pharmacotherapies for stimulant dependence as well as investigations in GHB pathophysiology. Dr. Torrington's outpatient work includes medication trials regarding the treatment of both cocaine and methamphetamine dependence, examining pain tolerances and thresholds in opiate dependent patients both before and after treatment and the study of medications that may alter modified pain responses in opiate dependent individuals. Most recently Dr. Torrington has been working as the medical director of the newly formed Prometa Center, where he is utilizing novel biologic interventions for the treatment of alcohol, cocaine and methamphetamine dependence. Dr. Torrington maintains a private practice specializing in patients with substance use disorders and is the medical director of the Matrix institute's narcotic treatment program and a staff physician at the Summit Center in Malibu.